

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------|--|---|---|--|--|---|---|
| RENOUNCE | | | 7am-Noon Walk-in Lenten Blessing / 7pm Christ UMC Renounce your distractions, pay attention to your life | Give up TV spend quality time with family/God | No Facebook; send a card or letter | No email; talk to someone you have not to in a while | 9 RENOUNCE no coffee ; show your pearly whites smile at everyone you see |
| RENOUNCE | 10 Give up your favorite food/treat item today; give a small gift in secret | Renounce negative talk/comments; Speak only encouraging words | Renounce being first in the day; let others go first, in line or driving | Renounce; your favorite pastime. Invite someone to do something with you | Renounce: eating out; Cook a meal for someone not in your home. | Renounce: freedom of the cell/phone: write a letter/card to a solider bring to church to mail | 16 RENEW Prepare to share your "Light card" |
| RENEW | Introduce yourself to a stranger give a card | Leave the card in a random place | 19 Bring a treat and card to the neighbor | Prepare a care/love package & card for someone i.e. college student, sick/ recovering friend, church staff | Share your time over coffee with an acquaintance | Read Mark 3 & 4 Preparing to attend bible study | REFRESH Attend 9am bible study |
| REFRESH | 24 Be of service to someone | 25 Hug someone today | 26 Pray for someone you don't like | Forgive someone that offended you | 28 Offer child care to someone that needs a break | 29 Buy food for food pantry bring it to church | REJOICE Bring your food pantry donations & bible to use for the scripture reading |
| REJOICE | Prayer & listening inspiration music or TV i.e. radio 94.3 & 90.1-100.9 | Prayer & listening inspiration music or TV i.e. radio 94.3 & 90.1-100.9 | Prayer & listening inspiration music or TV i.e. radio 94.3 & 90.1-100.9 | Prayer & listening inspiration music or TV i.e. radio 94.3 & 90.1-100.9 | Prayer & listening inspiration music or TV i.e. radio 94.3 & 90.1-100.9 | Prayer & listening inspiration music or TV i.e. radio 94.3 & 90.1-100.9 | 6 REAFFIRM to say yes to your faith in communion |
| REAFFIRM | 7 Volunteer for service activity at church "cleaning, teaching, folding bulletins" | 8 Say yes to helping your neighbor | 9 Say yes to someone in need today | 10 Say yes to encouraging everyone you speak/see today | 11 Say yes to identify your gifts you will use at your church. Get involved with Christ's church | 12 Spend time with a youth | RESET Connect where God is leading you in 2014 /Pray for God's invitation to reset your heart to be His heart |
| RESET | 14 Call a church sister or brother you haven't seen in a while | 15 Reset your clock 15 minutes earlier for prayer | 16 Reset with scripture on a 3x5 card that speaks about "your" 40days of Lent memorize it | 17 Attend Maundy Service 7pm | 18 Attend Good Friday Service 7pm | 19 Invite someone Easter service | 20 RESURRECTION Easter Sunday |