

Our September Challenge: Help Stop Hunger



People are hungry. We all need to be safe. Yet, there are still hungry people in our own community and throughout the world. This year the “Crop Walk” is virtual. We need to each take steps to end hunger, but they are “different types of steps” than walking in a group. There are more hungry people than there were in 2019: there is a great need for each of us to help in all the ways we possibly can.

We would like you to discuss this need in your own household.

What are you able to do? We have suggestions, but they are suggestion to cause you to think. We encourage you to find your own ways to help. If you have children, please choose things that help them understand how hunger impacts others. We would like your responses by Sunday, September 27th.

Suggestions from your church mission team:

1. Plan and eat a simple, low-cost meal. Estimate the cost you usually spend and the cost of this meal. Donate the difference to the McHenry County CROP Walk.
2. Walk in your own yard carrying a gallon of water. Imagine what it would be like to carry five gallons at one time. How would you feel if it took you 60 to 90 minutes to reach a village well. What impact would two waters trips have on your typical day? What could you not do?
3. If you typically eat out during the month through carryout, or at an outside restaurant, then donate the cost of a typical meal to the McHenry County CROP Walk.
4. Give surplus produce to a food pantry in your own neighborhood.
5. Attend one or both of the restaurant fundraisers listed here:
 - A. 9/22, Tuesday, at Culver’s in Crystal Lake, between 5 and 8 pm.
 - B. 9/26, Thursday, at Chipotle’s in Crystal lake between 4 and 8 pm.(Culver’s will donate 20% of net sales; Chipotle’s donation is 30% of sale but participants need to follow instructions for the McHenry CROP Walk to have credit.) Watch e-news for details.
6. Give a portion of your weekly or monthly food budget to McHenry CROP Walk.
7. Participate in church’s Celebration Bake Sale on October 4th as a baker or buyer or both. (This will be outside the church. Rain date is October 11th.)
8. Ask candidates running for office, how they plan to help the hungry.
9. Pray for guidance in ways you can help.

Tell Us What You Did: (Return this part to church by mail or deliver by Sun. 9/27)

_____ (Name of family or individual) decided to help end hunger by _____

Please return this even if you are not able to give money.

We understand that 25% of the financial gifts will be given to local food pantries in McHenry County, IL. We have made out our check to the McHenry County CROP Walk. (CROP Walks are a program of Church World Service.)

