

# Virtual, urgent or emergency care?

How to get the right care, in the right place, at the right time.

Fastest Option



## Quick Care Video Visit

Convenient for mild symptoms.

- COVID-19
- Allergies
- Cold or flu
- Sinus infections
- Sore throat



## Urgent care

Quick with low co-pay.

- Cuts and scrapes
- Rashes
- Sprains and strains
- Minor burns



## Emergency care

For serious conditions.

- Broken bones
- Convulsions or seizures
- Difficulty breathing
- Chest pain
- Dizziness
- Loss of consciousness

If you think you're experiencing an emergency, dial 911.



# When you should go to the emergency room

How to get the right care, in the right place, at the right time.



Go to the emergency room for serious conditions like:

- Broken bones
- Convulsions or seizures
- Difficulty breathing
- Chest pain
- Dizziness
- Loss of consciousness



Urgent care or a virtual visit might be the right fit for more mild symptoms like:

- Cuts and scrapes
- Rash
- Sprains or strains
- Cold or flu
- Sore throat

If you think you're experiencing an emergency, dial 911.

